

Come to the first ever
Dondero Family Movie Night

When: Friday January 8th

Time: 6:30 (doors open at 6:00 for light

Concessions)   

Movie: Up 

Admission: Free (donations accepted)

***Wear your P.J.'s and bring your Sleeping Bags & Pillows (or Lawn
Chairs for those of you with wearier bones) ***



Volunteers needed! Please Contact Sheri Whitworth at
436-2484 or shwhitworth@myfairpoint.net



**FRENCH, SPANISH, and CHINESE classes
for Portsmouth residents in grades K-5**

AT

**LITTLE HARBOUR AND NEW FRANKLIN SCHOOLS
CLASSES START JANUARY 21ST AND JANUARY 25TH**

Information and Registration Night at the New Franklin School
Thursday, January 7th , 5:00-6:30 pm

We are currently enrolling students for a 12-week session!

**For more information please contact: Julie Reece, 866-0364, julie.reece@oneworldlanguageschool.org
www.oneworldlanguageschool.org**

The One World Language School is a 501(c)(3) organization. One World Language School financial aid awards are based solely on financial need. The One World Language School does not discriminate on the basis of race, color, religion, sex, national origin, age, or disability in admission or access to, or treatment or programs or activities. NOT SCHOOL SPONSORED.



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Dondero PTA Agenda

Date & Time: January 7th 7pm

Introductions - 5 minutes

Principal's Report - 10 minutes

Review of upcoming fundraisers - 10 minutes

Schedule for 2010 events

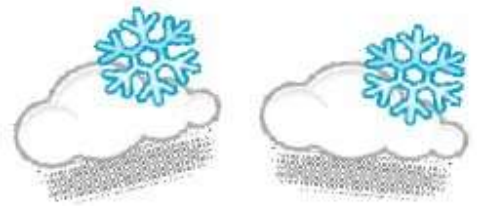
Update on Whiteboard fundraiser & grant writing status

Small business fundraisers - Do we want to offer these to our parents?

Treasurer's Report

Families First

support for families...health care for all



Parenting & Family Programs ♦ January 2010

All parents and children are welcome at these programs. Unless otherwise noted, programs are free and include free child care if you sign up in advance. All except those marked with an * require advance signup. Families First Health & Support Center also offers medical and dental care and individualized family support.

At the Community Campus, Portsmouth

— Parenting Classes —

Tuesday Evening Classes, 6–7:30 PM

1/5 & 1/12: Using the 1-2-3 Magic System
1/19 & 1/26: Solve It Now: Your Child and Sleep

Parenting the Challenging Child

2nd Wednesday each month, 6–7:30 PM
1/13: Helping a Child with ADHD or Similar Issues

Thursday Morning Classes, 9:30–11 AM

1/14: Learn from Holidays: A Plan for Your Family
1/28: Teaching Children about Money

Helping Children with Fears

Wednesday, January 27, 9:30–11 AM

Grandparenting

1st & 3rd Wednesdays each month, 9:30–11 AM
1/6 & 1/20: Sharing Stories with Future Generations

— Parenting Groups —

Mother-to-Mother Postpartum Group

Tuesdays, 10–11:30 AM. Call: (207) 363-1379 x2.

Parent Recharge

1st & 3rd Thursday each month, 9:30–11 AM

— Family Programs —

Make It & Take It* (crafts), Tuesdays, 12 NOON

Toddler Playtime* (1–2½ with parents)
Mondays, 9:30–11 AM. \$5 fee; can be waived if needed

Family Fun Night (for families under stress)
Mondays, except 1/18; 5:30–7:30 PM

Babytime* (prenatal to 1 year, with parents)
Tuesdays; 10–11:30 AM

Preschool Playtime* (ages 2½ to 5, with parents)
Fridays, 9:30–11 AM. \$5 fee; can be waived if needed

Other Locations

— Parenting Classes —

Wednesday Evening Classes (RAYMOND)

6:00-7:30 PM. Raymond Baptist Church, Community Building, 895-4735 x125
1/13: Why is My Child Misbehaving?
1/20: Making Yourself Clear
1/27: Emphasizing the Positive

Thursday Evening Classes (SEABROOK)

6:00-7:30 PM, Seacoast Youth Services, 474-3332
1/14: Why is My Child Misbehaving?
1/21: Making Yourself Clear
1/28: Emphasizing the Positive

Living with Teens and Pre-Teens (EXETER)

Third Wednesday Each Month, 6:30-8:00 PM
New Outlook Teen Center, 778-3933. No child care.
1/20: Guidance for Teen Dating and Intimacy

— Parenting Group —

Parent Recharge (SEABROOK)

Tuesdays, weekly (except 12/29), 9:30–11:00 AM
Seabrook Community Center, 311 Lafayette Rd.

— Family Programs —

Family Morning Out (EPPING)

Thursdays (except 12/31), 9:30–11 AM, Epping Recreation Center. Ages birth to 6, with parents.

Family Morning Out (HAMPTON)

Wednesdays (except 12/30), 9:30–11 AM, Hobbs House at Trinity Church. Ages birth to 6, with parents.

* Program doesn't require advance signup. (All others do.)

Please visit our website for details on these programs ("Upcoming Programs" page), info on other Families First services, and to sign up to receive this calendar by e-mail.